

Life NETWORK

Valuing life. Transforming lives.



Who We Are

JOB 33:4

The Spirit of God has made me; the breath of the Almighty gives me life.

Our Mission

*To cultivate a community that values life
through the love of Christ.*





Our Vision

> 38 YEARS AGO

Colorado Springs Pregnancy Centers was launched with a goal to reach abortion-vulnerable women in our city, a decade after Roe v. Wade made abortion legal across the U.S. In our first year, we reached 350 women.

> TODAY

Life Network operates two pregnancy centers and many additional outreaches that provide a holistic approach to valuing life and transforming lives in Colorado Springs. In three and a half decades, we've served over 100,000 women facing unplanned pregnancies, and expanded our reach to men, families and students in our community.

Our ministry approach is to provide:

1 Prevention 2 Intervention 3 Transformation

To value life and transform lives in Colorado Springs at every stage.

Prevention

Ensuring students and youth in our community know their value and make healthy relationship decisions that protect that value.

**YOU ARE NEEDED,
LOVED AND VALUED**

6,419

TEENS
reached in 36 schools

4,338

STUDENTS
of these students encouraged
on their value through suicide
awareness and prevention

“Your presentations will help us make smart, educated choices so we can live our lives safely and make the right choices for our health and wellness.

I learned how valuable and important I actually am.

Education for a Lifetime leads the “prevention” arm of our mission by educating local students on health relationships and mental health, using presentations in 36 public and private high schools. The **Pursue** presentation teaches sexual risk avoidance and how to set healthy boundaries that reflect each student’s value. **Who Can Relate** challenges students to consider who needs them, who loves them and where they find their value, working to release the stigma surrounding conversations on mental health and suicide. As students reflect on their value, their risk of suicide decreases and their opportunity for an optimal health outcome increases.

Education for a Lifetime also works with the Colorado Springs faith community to promote youth mental health through Parent Talks at churches and Youth Mental Health First Aid trainings.

This year, EFL presentations have been adapted in a variety of formats – webinars, video recordings and in-person presentations – to continue to serve students in every school environment.





Intervention

Our Colorado Springs Pregnancy Centers meet women and men facing unplanned pregnancies in their time of need. Through providing free medical services in conjunction with compassionate, nonjudgmental options counseling and the promise of future support, we empower our clients to make life-affirming choices for their family. We have two locations, one on Galley Road across from the Citadel Mall, and one on the Westside on Centennial, just a short distance from Planned Parenthood.

Thanks to your support and our courageous staff members, our pregnancy centers remained open and serving clients throughout the COVID-19 pandemic with appropriate precautions. Our clients have needed our support now more than ever!

EVERY INITIAL CLIENT APPOINTMENT IN OUR PREGNANCY CENTERS INVOLVES OPTIONS COUNSELING. IN OUR APPOINTMENTS, WE TALK THROUGH THE IMPLICATIONS OF ALL THREE OPTIONS A WOMAN MAY BE CONSIDERING.



ABORTION:

While our centers do not perform or refer for abortion, nearly half of our clients arrive in our centers considering that option. We believe each of these women needs access to medically accurate information from a source that does not benefit in any way from their decision. We provide women with the truth of what abortion procedures truly entail, including the physical, emotional and spiritual risks.

ADOPTION:

Choosing to make an adoption plan helps many women regain stability in their personal lives and creates a positive future for their child. However, many of our clients come in with an outdated view of adoption. We help our clients understand that adoption can be an incredible redemptive and selfless choice. We work with several local adoption agencies who will send an agent to our centers to meet directly with our clients and form an adoption plan.

PARENTING:

Through the miracle of ultrasound and education on fetal development, we get the opportunity to help our clients with a positive pregnancy test understand the reality of their baby's life. We then desire to address any concerns they may have for their own capacity for healthy, equipped parenthood. By sharing all of the resources and supportive programs we provide, new parents can feel empowered to choose life.



Colorado Springs Pregnancy Centers offer the following free services:

- Pregnancy Testing
- Ultrasounds
- STI Testing & Treatment
- Pregnancy Options Education
- Community and Medical Referrals
- Emergency Material Needs

225 **BABIES
SAVED**

2,480 **CLIENTS
REACHED**

716 **ULTRASOUNDS
PROVIDED**

85% **CHOOSE LIFE
after viewing an ultrasound**

Client Story

“

TRAVIS



While clients choosing life for their babies are core to our mission, there are many ways our compassionate care makes a difference in the lives of our clients – sometimes even an eternal difference! Our Sexually Transmitted Infections (STI) testing and treatment is another way we reach women and men preemptively, encouraging them to make healthy decisions.

Travis* came into our center for an STI screening, clearly “dressed to hide.” His face was almost entirely covered with large sunglasses, a hoodie pulled up over his head and a medical face mask. Our staff member John calmly started the appointment by asking Travis how he was doing. Reluctantly, Travis admitted that he was embarrassed getting tested for STIs. John took the time to speak to Travis about his value and share how sexual relationships are more than just physical. A gentle nudging from the Holy Spirit then led John to share with Travis the truth of his value in the eyes of the Lord – and the hope to be found in Christ. After sharing his personal testimony, the John heard God prompt him: “Ask him – he’s ready.”

John quietly asked if Travis would like to know God through a personal relationship with Christ – and he said yes! At the end of the appointment, John gave Travis his own Bible, invited him into a mentoring relationship and shared Ephesians 3:30: “Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.” We praise God for the opportunity to engage women and men like Travis in eternal hope!

*name changed

Transformation

63 DECISIONS FOR CHRIST / 1,897 APPOINTMENTS WITH MOMS / 827 APPOINTMENTS WITH DADS



At Life Network, we not only encourage our clients to make life-affirming choices, we also provide vital support and share the transformational love of Christ. Many families facing difficult pregnancy decisions in our community consider abortion due to challenging life circumstances: financial need, previous trauma, relationship instability, or just plain fear. By providing continuing support and mentorship, we aim to empower and equip our clients as they build their family and point them toward hope in Christ.

LifeSteps, our parenting education program, enables moms and dads to confidently enter parenthood knowing that they have people walking beside them for support, encouragement and resources. Our curriculum provides education on topics such as pregnancy, infant care, nutrition and childbirth. As they participate, clients earn credits – called “baby bucks” – to use toward items in the LifeSteps Baby Boutique. Items earned include infant and toddler clothing, bedding, formula and diapers, as well as bigger items such as a car seat or crib. Parents participate in LifeSteps until their child turns two. We also host a women’s LifeSteps Bible Study where moms can participate in indefinitely for community and support.

Our Men’s Services **Fatherhood** program equips dads through education and support in a one-on-one mentorship relationship. The structure of the program complements LifeSteps and encourages healthy families through helping men to become involved, committed and responsible fathers.

Our parenting education appointments went virtual during COVID restrictions. Over 200 appointments with moms and dads were held through telecoaching!



John 10:10

*The thief comes only to steal and kill and destroy.
I came that they may have life and have it abundantly.*

21 women and men received healing through post-abortion recovery

23 clients served through professional counseling

Bridges of Hope helps women and men process and grieve past abortions. Our group for women is a nine-week healing and support class that uses Biblical principles as tools for healing. This past year, we also had 3 men receive post-abortive support through partnership with Men's Services.

Sometimes, our clients come to our centers with greater needs for healing due to past trauma, abuse or other mental health concerns. Our partnerships with **Mayfield Counseling, Solas Counseling and Deanna Shrewsbury Counseling** enable us to provide professional mental health care to our clients, within the safety of our centers.





Client Story





MICHELLE

Michelle* came to our Colorado Springs Pregnancy Center with a plan to seek the abortion pill. Ultimately, God would enable every area of our ministry to bless this mom. After meeting with her client advocate, due to a rare opening in the schedule, Michelle received an immediate ultrasound. The nurse silently prayed that the baby would be animated and show undeniable signs of life on the ultrasound screen – and God mightily answered this prayer. The baby waved its arm, as if saying hello to its mom! Michelle audibly gasped and tears filled her eyes. This was a game changer – and Michelle knew she had to choose this baby!

While still clutching her ultrasound photo, Michelle met with parenting education staff to learn about the support available to her. Our staff was able to get her enrolled in parenting classes and invited her to our LifeSteps Bible Study. As she left that first appointment, a staff member mentioned to Michelle a picture frame she had recently seen that read “I loved you at first sight,” suggesting that it would be perfect for that precious ultrasound photo!

A few days later, Michelle joined other moms at Bible study, and found the community support she desperately needed. The other moms encouraged her and reassured her choice for this baby. Through this community, Michelle dedicated her life to Christ that night! As she left, in one last miracle, our staff member gave Michelle a sweet memento – her ultrasound photo in that same picture frame she had mentioned, which had been donated to our center the same day Michelle chose life. Michelle left hopeful and supported in her choice for life!

*names changed



Life Network Family Thrift Store



In October 2019, Life Network opened the **Life Network Family Thrift Store**, located at 5406 N. Academy Blvd. The vision for this new venture had been developing for several years, as the Board and leadership looked for a way to expand our impact to clients as well as the greater Colorado Springs community. The Thrift Store provides quality affordable goods to our clients and community members, and the proceeds benefit the ministry of Life Network.

The Family Thrift Store is made possible through donated items from our supporters and the public, and the work of many volunteers. To learn more about our store, see a list of accepted donated items or sign up to volunteer, visit **lifenetworkthrift.com**.

2,328 hours of volunteer support
\$34,920 value of volunteer hours



lifenetworkthrift.com | 719.344.9904 | info@lifenetworkthrift.com



We
invite
You

TO BECOME A
PARTNER FOR LIFE

Life Network serves thousands of families in Colorado Springs each year – and sees hundreds of lives transformed. Your monthly gift ensures we can offer our services totally free, offering help and hope that will impact generations to come.

HOW YOUR GIFT HELPS:

\$30 A MONTH:

Reaches one person searching online for abortion information, allowing them to seek us for help instead.

\$50 A MONTH:



Provides one life-saving ultrasound to a woman who feels abortion is her only choice.
Over 85% of clients choose life after they see their baby on an ultrasound.

\$100 A MONTH:

Provides one life-saving ultrasound and ensures that new family is provided with coaching and resources for a year.

Impact families in our community by becoming a Partner for Life today! Sign up at eLifeNetwork.com

Get Involved

- **Donate** or become a Partner for Life
- **Sign up** to receive email updates
- **Like** our Facebook page and follow us on Instagram
 -  @lifenetworkcolorado
 -  @lifenetworkcos
- **Volunteer** at our pregnancy centers or Family Thrift Store
- **Participate** in our annual Walk for Life and Gala & Silent Auction
- **Donate** new or gently used items to our LifeSteps Baby Boutique
- **Contact us** for a tour of our centers

Find out more about these opportunities at **eLifeNetwork.com!**



DONATE NOW!

Client Testimonials

ROSIE

"I came in expecting to get a list of emergency housing and left with so much more than that. The best part was when she gave me a brand-new leather Bible!! I felt welcomed from her and the receptionist the minute I met them.

JAMES

"[My Fatherhood program experience] has been a very great blessing from God and I look forward to coming. It's one of the brighter things I have going for myself and my family and relationship with God and Christ."

BELLA

"Honestly an amazing place to go. The staff is so kind and accepting, it's really easy to be comfortable and open with them. They inform you of all your choices and resources, they go beyond for you and are so so helpful. I would recommend this place to anyone, they really care about the people who go in and it shows. I've honestly never felt more support with the situation I'm in. I'm very grateful for their services."





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